



Gold Coast Gymnastics Club

Active Body - Active Mind

ABN 24 450 961 806

80 Pacific Ave
Miami QLD 4220
P.O. Box 1317
Burleigh Heads
Gold Coast QLD 4220
P: 075572 3619
F: 07 5575 1725
E: gcgym@hotmail.net.au
W: goldcoastgymnastics.com

State Championships 25th – 29th June

Venue: The Arena, Sleeman Sports Complex, Tilley Rd, Chandler

Spectator entry: \$10 per session \$15 per day \$25 Event Pass
Child/concession: \$5 session \$10 day \$15 event

You can not share event passes as these will need to show ID I believe – daily ones not so sure about so check it out and if possible you may be able to swap with friends otherwise the full event for those coming up 2 days may be your best option. Don't forget to take a cushion and even blanket as it gets really cold at times.

FRIDAY 25th JUNE

WAG Level 7 TAYLOR MCK

ARRIVE 4.30PM – meet coach on bridge between gyms
Warm Up - General: 5.00 – 6.30pm
Warm Up - Apparatus: 5.30 – 6.20pm (12mins/ apparatus)
March On: 6.30pm
Competition: 6.30pm Awards: 8.30pm

MAG Level 7 Open TROY, ANGUS, ALAN, CORY

ARRIVE 4.30PM – meet coach on bridge between gyms
Warm Up\General: 5.10pm – 5.30pm
Warm Up Apparatus: 5.20pm – 6.20pm
March On: 6.25pm
Competition: 6.30pm Awards: 8.30pm

SATURDAY 26TH JUNE

WAG Level 5 Open LAUREN, MURRAN, ALICIA

ARRIVE 8.00AM – in training gym
Warm Up - General: 8.30 – 8.50am
March On: 8.55am
Competition: 9.00am Awards: 2.00pm return in tracksuit to bridge 1.45pm

MAG Level 3 Under JACK H, JAYDN, SAM, NOAH, LEO, JAKE, DYLAN

ARRIVE 11.00AM
Warm Up\General: 11.30am – 11.50am
March On: 11.55am
Competition: 12.00pm Awards: 2.30pm

WAG Level 5 Under BIANCA, BRITTANY, SHANAE, EMILY, BETH, NICOLE

ARRIVE 2.00PM
Warm Up-General: 2.30 – 2.50pm
March On: 2.55pm
Competition: 3.00pm Awards: 5.00pm

MAG Level 3 Open LUKE, REECE PJ, ROBIN, ELLIS

ARRIVE 2.00PM
Warm Up\General: 2.30pm – 2.50pm
March On: 2.55pm
Competition: 3.00pm Awards: 5.30pm

MAG Level 9 Under & Open & 10 Under & Open SHAWN

Warm Up\General: 5.30pm – 5.50pm
Apparatus Warm Up: 5.50pm – 6.50pm
March On: 6.55pm Competition: 7.00pm Awards: 9.30pm

SUNDAY 27th JUNE

WAG Level 4 Under DAISY, HEIDI, AMY, AMELIA, CHLOE T, ROCHELLE

Warm Up - General: 8.00 – 8.20am

March On: 8.25am

Competition: 8.30am

Awards : 1.15pm return to bridge at 1pm full tracksuit/white socks

MAG Level 4 Open MORGAN, MAX, DECLAN

Warm Up\General: 8.00am – 8.20am

March On: 8.25am

Competition: 8.30am

Awards: 10.45pm

Awards 1pm

WAG Level 4 Under BHODI, TABITHA, SOPHIE, CLAIRA, CHLOE, JESSICA

Warm Up\General: 10.30 – 10.50am

March On: 10.55am

Competition: 11.00am

Awards: 1.15pm

MAG Level 4 Under INDIGO, THOMAS, KIARN

Warm Up\General: 10.30am – 10.50am

March On: 10.55am

Competition: 11.00am

Awards: 1.15pm

WAG Level 4 Open RACHEAL, CHARLIE, ALI

Warm Up\General: 1.00 – 1.20pm

March On: 1.25pm

Competition: 1.30pm

AWARDS 8PM return to bridge at 7.40pm full tracksuit/white socks

MAG Level 6 Under & Open JACK, RYLEE, TAYLOR

Warm Up\General: 3.00pm – 3.20pm

March On: 3.25pm

Competition: 3.30pm

Awards: 5.45pm

MONDAY 28TH JUNE

WAG Level 6 Under & Over HANNAH, TALEEA, TEGAN, MICHELLE, MORGAN

Warm Up\General: 8.10 – 8.30am

Warm Up Apparatus: 8.30am – 9.20am (12mins/ apparatus)

March On: 9.25am

Competition: 9.30am

Awards 11.45am

WAG Level 6 Over TIARNE

Warm Up\General: 10.40 – 11.00

Warm Up Apparatus: 11.00 – 11.50am (12mins/ apparatus)

March On: 11.55am

Competition: 12.00noon

Awards: 2.15pm

MAG Level 5 Under & Open REECE J, DAVID, JESSE, COOPER, CALE, FRAZER

Warm Up\General: 11.30am – 11.50am

March On: 11.55am

Competition: 12.00pm

Awards: 2.30pm

WAG Regional Challenge – Level 4 BHODI, SOPHIE, TABITHA, HEIDI, DAISY

Warm Up\General: 2.30 – 2.50pm

March On: 2.55pm

Competition: 3.00pm

Awards: 5.30pm

MG Level 3 Regional Challenge JACK H, NOAH, LEO, LUKE, ROBIN, REECE PJ

Warm Up\General: 2.30pm – 2.50pm

March On: 2.55pm

Competition: 3.00pm

Awards: 5.30pm

TUESDAY 29TH JUNE

WAG Regional Challenge – Level 5 BIANCA, SHANAE, EMILY

Warm Up\General: 8.00 – 8.20am

March On: 8.25am

Competition: 8.30am

Awards: 11.30am

MG Level 4 Regional Challenge JACK G, MORGAN, INDIGO, THOMAS

Warm Up\General: 8.00am – 8.20am

March On: 8.25am

Competition: 8.30am

Awards: 11.30am

WAG Regional Challenge – Level 6 TIARNE, TEGAN, HANNAH

Warm Up\General: 10.30 – 10.50am

Warm Up Apparatus: 10.50 – 11.50pm

March On: 11.55pm

Competition: 12.00 noon

Awards: 2.30pm

MG Level 5 & 6 Regional Challenge REECE J, JESSE, DAVID, COOPER, JACK E, TAYLOR M

Warm Up\General: 11.30am – 11.50am

March On: 11.55am

Competition: 12.00pm

Awards: 2.30pm

Where to meet

Your coach will advise you as to which gym to meet them in for warm up – generally if your session is the first one for the day warm up may be in the main gym all other sessions general warm up will be in the warm up gym (HPC).

Volunteers

Please report via the glass doors opposite the theatre entrance. If you have not already offered and find you have the time to volunteer when you are at states please feel free to go down and offer assistance. Just email me after the fact and advise which session so I can count your volunteer support.

Best Wishes to all Competitors

We know you'll do your Best!!